



# CATALOGUE of PROJECTS

## in Upper Solu

### NEPAL

January 2008



Skivehus Rotary Klub, has since 1997 been involved in a very successful school project in the village of Chhimbu in the Northeastern part of Nepal. Our club is visiting the school and the area every autumn, and this have lead to, that we gradually have been involved in the whole community of Upper Solu in the middle of Himalaya. Now the Club is withdrawing from the project by mid 2008; but a group of club mates are continuing their involvement in the area.

Therefore we would like offering other Rotary Clubs the delight it is to carry through a necessary project in a very poor underdeveloped country. This kind of projects is often connected with a lot of uncertainties such as lack of certainty of the necessity of the project, the completion of the project, the proper utilization of the funds and the reporting. We have eliminated those problems, as all projects are reviewed and preliminary studied by us before being released for implementation. We have a close cooperation with Rotary Club of Kathmandu, which supervise the cash flow and the project progress when we are not there. And furthermore there are no places on Earth where you get so much for so less.

Several members of our club are ready to assist your club in the project from beginning until the end as your supervisors and advisors. We can advise about applying for support from the many Funds and Grants of Rotary. We can check correspondences and negotiations. We are with regular intervals sending a runner through the area to keep an eye with the development. We can deliver reports during the course. And you are very welcome yourself to join us when we are trekking through the beautiful valleys and high mountains of Himalaya, to visit all our projects.

We are also cooperating with the Danish NGO Himalayan Project and its local cooperator in Kathmandu, Himalayan Project Nepal (HIPRON). They are, among other tasks, performing and financing the preliminary studies for our Rotary Projects. Their homepage is telling about the development work in Upper Solu on [www.nepalhelp.dk](http://www.nepalhelp.dk) and some of the projects mentioned in this catalogue are described in this page as well as last years Project Descriptions and Reports.

On the following pages you and your club will find the projects, which right now are ready to be active in Upper Solu. Either projects already running, which you can take part in, or projects which are starting up, or projects which are still under preliminary study or preparation.

Further information and arranging start-up of a project can be achieved by contacting:

Thøger Berg Nielsen  
Frederiksdals Alle 99  
DK-7800 Skive  
97 51 21 02  
[bodildegnbol@hotmail.com](mailto:bodildegnbol@hotmail.com)

Kurt Lomborg  
Kjeldbjergvej 34  
DK-7800 Skive  
97 54 53 08  
[klomborg@post11.tele.dk](mailto:klomborg@post11.tele.dk)

## Chhimbu Primary School (1\*)

Skivehus Rotary Klub is own flagship since the school was built in 1999. We have since the inauguration in 2000 run the school with teacher salaries, educational materials, school uniform, School Tree Nursery, maintenance and almost everything. Per 1. Juli 2008 the Club is closing down their support. Therefore the school is seeking donors which can take over the support.



Running budget 5.000 \$ per year



Completing the Schoolextension (2\*)

In 2007 Skivehus Rotary Klub completed a major extension of the playground and added a Nursery Classroom to the school. But then the Office Wing started breaking and some other small defects and improvements did show up to be done before the school appears beautiful and complete.

Budget 6.700 \$

## Sagarmatha Primary School in Sagardanda (3\*)

This school was constructed by the villagers themselves in 1992 as a very poor and cheap construction. Now the walls have started falling down, the roof is leaking, the beams are decaying and the classrooms are very small and almost without facilities. And the toilet



isn't better. The school even shouldn't be used as a goat shelter, but is educating 52 students. And the 2 teachers are very dedicated.

The whole mess shall be taken completely down and the school ground shall be levelled. And a completely new school shall be build up in a proper quality with big and bright classrooms, special rooms and Office. All rooms shall have proper furniture. And there shall be build a proper toilet with bathing facilities. And furthermore it is a school which you can

keep in touch with in future and support the running too.

Budget 30.000 \$

### Chhirringkharka Primary School (4\*)



The settlement of Chhirringkharka is very remote high on the slope. But it is very beautiful and the population is good and strong. The 41 students are very active and the 3 teachers are intelligent and committed. And now they want to upgrade from Primary to Lower Secondary level, so that the elder students don't need to walk the 2½ hours for the neighbouring school and same distance home again. The existing building is not so bad if the rooms can be utilized in a better way. An extension containing an

extra classroom, a science lab and an Office, which at the same time can be utilized as the village meeting room. The toilet is quite simple and should therefore be renewed having bathing facilities. Furthermore the ground shall be excavated and the access road shall be moved a little.

Budget 15.000 \$

### Chhirringkharka Sub Health Post (5\*)

But it isn't only for the school children that the road is too long and steep. Also the injured and ill find the ½-1 day way, on a stretcher carried by 4 strong men for the nearest clinic, very long. The two men on the picture with their arms raised are showing the border of the land which the two men in the middle have donated to the construction of a small simple local clinic where the ill can arrive for



acute treatment. The clinic shall be served by a group of locals which by the villages own means shall have a basic health education. Barefoot-health-assistants. The clinic shall have an examination room and a bedroom for the sick and a protected veranda where the sick can lick the sunshine. There shall be practical examination table, cupboards and a couple of comfortable hospital beds and of course all necessary equipment and lamps. But they shall be independent and themselves continue the maintenance.

Budget 20.000 \$

### Phalamkhani Primary School (6\*)

Only few schools have a real committed principal. But that is the case with the 56 students of Phalamkhani School. The joy, ideas and engagement can be felt immediately at arrival. The school building is fine although roof ceiling and skylight plates should be added. The toilet isn't good and should be changed. The water supply has broken down. But the most important is the absence of a



playground. If the stream is guided through a tunnel and soil from the surrounding slopes can be spread over it, then a playing field can be made. And there are good possibilities to keep a contact to the school in future to support among others the young teacher who is working voluntarily and for free for second year now.

Budget 13.000 \$

### Dudh Kunda Lower Secondary School in Phaplu (7\*)



The school is educating 230 students predominantly from the poorest and untouchable caste. Therefore it is almost impossible to produce economy for maintenance from both parents and official systems. The school therefore really needs a major overhaul. First of all the need a new tin roof as many beams already are rotten because of leaking. The

windows are regularly busted because of balls and other flying subjects so there need to be set up iron grill. The school have no water post. Half of the furniture is worn out or useless. There is a great wish to have computers for educational purpose. And if it should be affordable there should also be two new toilets, one for girls and one for boys.

In other word an upgrading project in which all the details shall be discussed before there can be produced a real budget.

Budget 13.000 | 35.000 \$

## Ringmo Lower Secondary School <sup>(8\*)</sup>

Ringmo School only has 41 students up to 7. class, but it is a very necessary school as there are more than 3 hours of walk to the next senior school. The teachers are capable and committed and the students are up to date. But now the old school is really worn out and need a severe overhaul. A two storey building have a rotten floor and shall be taken down and a new one storey building shall replace it. Two buildings shall have a new tin roof. The veranda shall be repaired. The playground shall have an overhaul. And they also shall have a new toilet with bathing facilities.



Budget 17.000 \$

## Orale Preprimary School <sup>(9\*)</sup>



Orale is situated in the bottom of the valley and the nearest schools are situated 6-800 meter higher. This isn't many problem for the elder students, but for the youngest it is difficult. Therefore the parents have 2 years ago by own initiative opened a small school with 1.-3. class and they are themselves paying the salary of the young teacher.

There shall be set a proper wall between the playground and the gushing river. And there shall be ceiling on the walls and under the roof. And also the new and fine

wooden roof should be changed into tin roof, as it will start decaying after 2-3 years more. All in all a small and sweet school which can be kept in contact with for many years ahead.

Budget 7.000 \$

## Mopung Primary School <sup>(10\*)</sup>

In spring 2007 Padborg-Kruså Rotary Klub gave a fine new red tin roof for the school and in autumn our delegation was the centre of a great thanksgiving ceremony. But still some details remain at the building and they also need a proper toilet and a water post.



Budget 8.000 \$

## Pangkarma Bridge (11\*)

In Mopung Valley there are 8 wooden bridges. They need to be shifted every 3.-4. year, being an everlasting bridge building process which costs a lot of labour power in a valley where many from the younger generation are moving away. Now the population wishes to have steel bridges which can last for 40-50 years. They are not as beautiful as the old bridges but it is difficult to



maintain romantic attitudes in a realistic world. The main bridge of the valley, Mopung Bridge, are the people now establishing themselves with support from among others, Himalayan Project. But here the second largest bridge is offered as a project.

Budget 9.000 \$



## Thamakhani Health Post (12\*)

Thamakhani Valley have 1200 inhabitants and a few years ago the did build a small clinic with two rooms, but they never had it properly furnished. It is short of cupboard space, proper examination facilities and hospital beds. And while being in the process the cupboards should be loaded with equipments and utensils. The clinic is served by one of the local farmers who have taken a short education as Health Assistant.

Budget 5.000 \$

## Thamakhani Youth Club House (13\*)



In Thamakhani Village they have an active Youth Club. Two years ago Himalayan Project gave them 2 sewing machines which specially the young men did learn how to operate. But they have no proper facilities for their activities. There are no lodges in the valley so they want to open and operate such a facility in their Club House. They even have produces a model of their dream. Thamakhani Vally is one of the few places where they are capable keeping their youth at home. Let us help them keeping up this situation.



Budget 18.000 \$

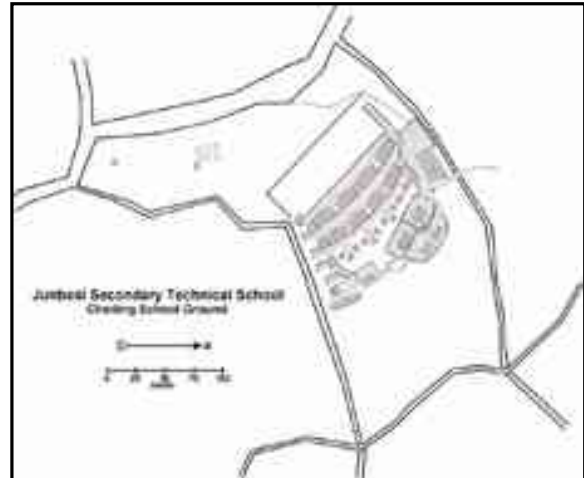
## FOUR MAJOR PROJECTS

### which still is in the PREPARATION PHASE

The following projects are very big and demands special preparations, but on the other hand they will influence the society with a much heavier weight than all the small projects. Part of the preparations is finding funding support from Danida and other INGOs therefore it will be meaningless mentioning a budget. They are mentioned in this catalogue to give interested donors a possibility to take part of an exiting process from the very beginning.

#### Upper Solu Secondary Technical School with Student Hostel (14\*)

In Nepal education basically is academic and very little practically. And in Upper Solu the society is too small to have the vast variety of employment. The majority of the population are unaware about technical skills, the traditional as well as the newcoming. The idea behind USSTS is giving the students in class 6.-10. basic technical skills taught by local craftsmen and capacities. The school shall have a Student Hostel where students from the whole area can be taken in. The youth who rather wishes an academic education, which will lead to their leaving the local area, can seek other places for this purpose. USSTS will rather educate the practical skilled who shall find their place locally. The project is the first of the kind in Nepal and is meeting great attention from the educational authorities.



We already are in possession of the necessary land for the purpose. Junbesi School is the owner of a big land where they have a small Students Hostel and Upper Solu's biggest football field. The land is situated peacefully in the middle of the big forest and will create the perfect frames of a students village where also teachers houses, canteena and other facilities shall be available.

For more informations see [www.nepalhelp.dk](http://www.nepalhelp.dk)



## Upper Solu Home for Disabled <sup>(15\*)</sup>

In an original peasant culture it is difficult affording giving special facilities to disabled. Most of them are living a miserable life.

We are having a dream building a home for disabled in the Village of Phaplu. The village has a small hospital. There is a school. The only airfield of the area. And after few years a motor able road will reach the village. All factors which can assure that the centre can work optimally.

But land prices are rising dramatically in Phaplu. That will be the first hurdle buying some land situated in the right position towards the necessary facilities. We have found a couple of acres, from which we can



make a horizontal wheel chair way for the school and only with a small detour to the hospital. But the price is approaching 100.000 \$.

If we succeed purchasing the land, the project will consist of two phases. A construction phase which can involve one donor and a running phase which has to involve many independent donors, who will accept being bound for many years ahead.

For more information you should check [www.nepalhelp.dk](http://www.nepalhelp.dk)

## Mount Everest English Secondary School i Salleri <sup>(16\*)</sup>

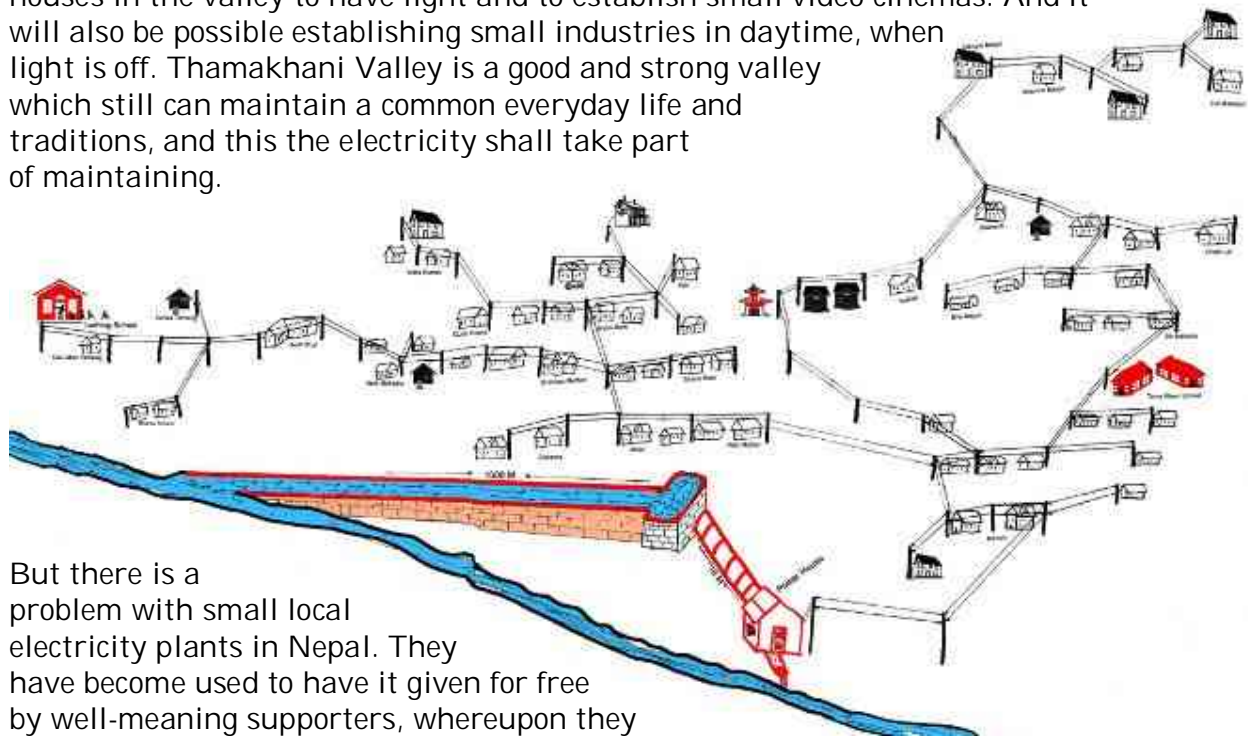
The District Headquarter Salleri has several schools of various qualities. One of them is the private MEESS which without doubt is the best, and which year after year is showing eminent results with the 350 students. But the school has been working from rented houses and land for 9 years, but now the lease is coming to an end. The school has borrowed money and has bought land which now has to be build on. We are right now waiting for the project- and budget-proposal. But it has to be a model school with all modern facilities.





## Thamakhani Hydro Power Station (17\*)

The 1200 inhabitants of Thamakhani Valley only have two small 2 kW hydropower generators. It is only sufficient to give a few houses a 25 watt light bulb. But now they want to establish a Hydro Power Station on 35-50 kW, which should be enough for all houses in the valley to have light and to establish small video cinemas. And it will also be possible establishing small industries in daytime, when light is off. Thamakhani Valley is a good and strong valley which still can maintain a common everyday life and traditions, and this the electricity shall take part of maintaining.



But there is a problem with small local electricity plants in Nepal. They have become used to have it given for free by well-meaning supporters, whereupon they are forwarding the currents almost for free for the users. And later they will ask for help for repair and renovation. It shall not be like that in this project. The power station shall work as a self-managing unit which shall produce an economic surplus. Preferable owned by society so an eventual extra surplus can be spend for investments in the society. Therefore all houses shall have meters; even the poorest. But they also have to understand social thinking, so those who can afford it shall give a higher price for being connected than those who have less to spend, and some even should be connected for free. This kind of social thinking is very difficult in Nepal, but maybe here is the chance to introduce it, as they so desperately want to have the electricity.

Another condition we want to give is that the valley shall give many suggestions on how the electricity can be utilized for social, industrial and other productive purposes. Having the ideas is the most important doing it will be some of our jobs later on supporting small private enterprises. If just some few of them will survive then we have started a completely new growth experiment in a remote mountain valley.

As a role of thumb the price is 5.000 \$ per kW to construct a power station with transformers, network, meters and everything. Up to 50% can be given by for instance Danida as a subsidy and 15-20% can be given as a long term and cheap loan with Danida guarantee.

When we have completed this project many more valleys will be ready to be the next.

