



Project Description

An International Rotary Matching Grant Project

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Submitted to:

Copenhagen International Rotary Club, Club No. 31089, District 1470, Denmark

Løgstør Rotary Klub, Club No. 10088, District 1440, Denmark

Skivehus Rotary Klub, Club No. 10102, District 1440, Denmark and

District Designated Fund, District 1440, Denmark

Rotary Danmark Hjælpefond and

Rotary Club of Kathmandu, District 3292, Nepal

Nagarkot Community, Jalpadevi Telkot, Nagarkot-1, Nepal

**Project: 4-WD Ambulance and related emergency equipment for
Nagarkot Community Health Centre**

Location: Jalpadevi Telkot, Nagarkot-1, Nepal

by Kurt Lomborg, Skivehus Rotary Klub and Bishnu Subedi, Rotary Club of Kathmandu

The municipality of Nagarkot is situated outside of Kathmandu Valley beyond the ridges bordering the valley. The very ridge is well known to many tourists of Nepal as a lot of hotels and tourist lodges are offering an easy accessible opportunity to see a major part of the Himalayan range especially at sun rise. But beside this, Nagarkot is a village area where life goes on like in most other parts of Nepal unnoticed that the capital of the country is so nearby, but the distance to the city centre is actually only 35 km.

In the year of 2005 a small Community Health Centre was established with the support of Rotary Club of Kathmandu with the support of Nagarkot VDC, Jalpadevi Community Forest Committee, some local elites of the area and Rotarians from Kathmandu and it has been expanded and supplied several times since then. In the same year, Nepal Bharat Maitri Samaj (Nepal India Friendship Society) through the Indian Embassy in Nepal donated a small ambulance to the clinic.

The clinic serves a population of around 7.500 in the VDCs of Bageswori, Chhaling, Baluwapati and





Naldum. Many ethnic groups are residing here, mainly Brahman, Chhetri and Tamang. Most of the people are solely depending on agriculture and vegetable farming. Very few sell their products to the markets in the capital, and most even have difficulties to produce enough for their own needs. Generally the educational level is very low and very few have received higher education. Knowledge about health is almost zero. Family size is 4,9 (national average is 4,4). Several families have experienced severe exploitation from enterprising Kathmandu citizens with the

result that many girls have been victims of trafficking to India, and venereal diseases are spreading faster than other places. This is the situation where this small Health Centre is trying to support the population with basic health care, but also to establish training and lectures for the population about health issues and human rights.

The Clinic is situated on the slope high above the valley. It has 3 stories with 9 rooms. On top there is a meeting hall where trainings and lectures are held. There is a lobby from which there is entrance for Consultation Rooms, Pharmacy, Dental Clinic, Observation Room, Store Rooms and clean Toilet facilities. The manpower running the clinic is a Director, two Nurses and an Office Assistant. A Doctor is visiting the clinic on monthly basis. The clinic is open 7 days a week from 8.00 hrs in the morning to 15.00 hrs in the afternoon.

As said earlier the clinic was donated a small ambulance by Nepal Bharat Maitri Samaj in 2005. As the clinic is mainly concentrating on basic health, the ambulance is mostly serving for transportation of local patients between the clinic and hospitals in Kathmandu. For that purpose it has served well, as the road that way is quite well constructed and most of the way with hard surface. But far the most of the catchment area for the clinic is up and behind the ridge, where only very poor roads are available where they exist at all. It has created many helpless situations where help should and could have been given, but the low clearance car as shown in the



picture with small wheels couldn't even get near the place where help was needed.

Therefore the clinic has such a great desire to shift the small ambulance with a Four-Wheel-Drive Ambulance. The existing ambulance will be donated to continue serving in another local community. Several options are already in question.

The 4-WD Ambulance which is so very much wanted by the staff of the Centre is a Tata Sumo from Tata Motors made in India. It will be delivered fully equipped as an ambulance which has already proved its efficiency in rural parts of Nepal.



Cars imported to Nepal will usually be imposed with a quite high tax, but not with an ambulance which is duty free. Therefore the price fully equipped and delivered in Kathmandu will be as mentioned in the Budget below, unless Tata Motors announce changes in prices after this project proposal is completed.

Where the present ambulance is mainly serving the transfer of stabilized patients from the Clinic to a Hospital in Kathmandu, the new ambulance will lead to many more acute and emergency cases as it will serve a much wider area in the back country. But in that case the Clinic needs to be upgraded with Emergency Equipments, which is therefore added as a necessary supplement to the Ambulance Project.

Rotary Club of Kathmandu as well as the Clinic and Community in Nagarkot is already in the project with guarantee fund. They now need an International cooperating Rotary Club to support the project, but also to open up for a Rotary International Matching Grant.

Kurt Lomborg and Thøger Berg Nielsen from Skivehus Rotary Klub know the Nagarkot Community Health Centre very well as well as they are familiar with Rotary Club of Kathmandu and with the conditions in Nepal in general, and Kurt visits Nepal at least once a year and will also monitor this project soon after its implementation. Therefore it will be suggested that the project is run under the host responsibility of Rotary Club of Kathmandu and international responsibility by Skivehus Rotary Klub with economic support from Løgstør Rotary Klub and Copenhagen International Rotary Klub.

The project will be supervised by:

rtn. Kurt Lomborg
 Skivehus Rotary Klub, District 1440, Denmark
 Kjeldbjergvej 34
 DK-7800 Skive
 email: klomborg@post11.tele.dk
 Tel.: 0045-97 54 53 08

Rtn. Bishnu Subedi
 Rotary Club of Kathmandu, District 3290, Nepal
 Rotary Hall of Kathmandu
 Kathmandu, Nepal
 Tel.: 0977-1-4245783
 Email: subedisanepa@gmail.com
 Tel.: 00977-98510 24103

PROJECT BUDGET:

The below budget is assuming that Districts, Clubs and Hjælpefond will approve the project and will contribute their part of the project as described in the Budget.

EXPENSE BUDGET:	No.	Unit Price	Budget price		
			NRS	US\$/NRS	DKR/\$
Emergency Equipments			Rate:	72,0	5,20
Medicine Trolley	1	36.000	36.000	500	2.600
Cupboard for medicines	1	4.800	4.800	67	347
Cupboard for medicines	4	4.300	17.200	239	1.242
Examination Chair for Doctor	1	4.500	4.500	63	325
Wheel Chair	1	6.500	6.500	90	469
Stretcher for mountain conditions	3	2.950	8.850	123	639
Refrigerator	1	18.000	18.000	250	1.300
Auto clave	1	11.200	11.200	156	809
Nebulizer set	1	11.500	11.500	160	831
Oximeter	2	8.500	17.000	236	1.228
suction machine manual	1	6.700	6.700	93	484
Heine B.P.set with Stethoscope	1	9.900	9.900	138	715
Ambu Bag	3	2.700	8.100	113	585
Emergency Medical Kit Box	1	12.000	12.000	167	867
O ₂ cylinder, regulator, mask etc	1	23.000	23.000	319	1.661
ECG Machine Single Channel	1	38.000	38.000	528	2.744
ECG Machine for Ambulance	1	47.000	47.000	653	3.394
Total Equipments:			280.250	3.892	20.240
TATA SUMO 4-WD Ambulance: delivered in Kathmandu without import taxes and duties:			821.212	11.406	59.310
TOTAL:			1.101.462	15.298	79.550

INCOME BUDGET:	Donation			MG	TOTAL	TOTAL	
	DONOR					US\$	5,2 DKR/\$
	NRS	DKR			DKR	NRS	
Rotary Club of Kathmandu - 3290							
Rotary Club of Kathmandu - 3290	14.400	1.040	200	100	300	1.560	21.600
Skivehus Rotary Klub - 1440							
Løgstør Rotary Klub – 1440	76.154	5.500	1.058	529	1.587	8.250	114.231
Copenhagen Int. Rotary Klub – 1470	76.154	5.500	1.058	529	1.587	8.250	114.231
Skivehus Rotary Klub - 1440	63.692	4.600	885	442	1.327	6.900	95.538
Rotary Danmarks Hjælpefond	216.000	15.600	3.000	1500	4.500	23.400	324.000
District Designated Fund - 1440	216.000	15.600	3.000	3.000	6.000	31.200	432.000
TOTAL CONTRIBUTION	662.400	47.840	9.200	6.100	15.300	79.560	1.101.600