



Runner Service Report

*Upper Solu
June 29, 2010*

*by
Namgyal Jangbu Sherpa*

For monitoring HIPRON projects, I made a Runner Service Trip to Solu in May 23 to June 14. Kanchhi Maya, my fiancée, also joined me for this trip. As it was spring, the weather was very good while it was hot in the day and cold at night but there was no rain except once. Usually I take flight for Phaplu and Phaplu–Kathmandu but this time we returned via Dewrali, Ramaechhap by bus. It was a long travel, 10 hours driving + 2 hours for getting the puncture repaired in the middle of the way and getting ready for next journey. Road from Dewrali to Jiri was quite bumping and due to which we were so tired when we were at home.

During our trip, we visited the entire projects site, met people and monitored the projects. We met our scholarship recipients and distributed them scholarship and took their report by checking their personal account book, collected their letter to the donors as well as issued 4 new contracts of scholarship and gave 29 old applications back for update. *Reference: 100624_Student Progress Report, Payment List of May- July 2010.*

Besides that we visited our family as well; Kanchhi's mother and elder



sister live in a small village called Mera that is 7 miles from Phaplu. They were so happy to see us there together. I was there first time with Kanchhi so we arranged a small party at Kanchhi's home, which is called Keka in our language, to pay respect to her

family and relatives; it was a nice evening, we stayed over there for 2 nights.

In Phaplu we had a plan to purchase land but it couldn't be possible as

the owner of the land Tenjing Lama tried to sell the wrong land. We spent 2 days in Phaplu measuring the land and finding the right boarder and boundaries of the land. We are still seeking the best suitable plot of land in the same area

Phaplu

Meeting District Health Officer (DHO) Madhu Sudan Koirala at his office, we discussed about Chhiringkharka Community Clinic (CCC) registration process and DHO future cooperation for CCC, he promised to supply medicines and recommend for CCC registration in Health Directive Office in Itahari but his recommendation is just to legalize CCC to run and nothing about the staffing and other support because the government has no such provision. He needs details of information of CCC construction and Financial Audit Report for that process of recommendation. The CCC Construction Committee will furnish him all the necessary information details.

When informed him about Woman Empowerment Project (WEP) and asked how he DHO could contribute, he said that DHO had very limited resource and couldn't contribute.

First Aid Training (FAT) of Chhiringkharka Volunteers

DB Tamang, the responsible trainer of FAT, has submitted the report of FAT but it was not a complete report. I asked DB to complete the report and submit as soon as possible; he has agreed to submit the complete report. He informed that all the students did well in the training and had successfully completed. DB and Lhamu were absent in some of the classes which were taken by Tanka, Health Assistant, and Sani, staff nurse of Phaplu Hospital. He said students can handle normal case like cut injuries, hyperbolic shock, snake bite, frost bite, burn, headache, and diarrhea and other normal cases like cold, insect bite and high altitude sickness. But they need refresh training from time to time so that they can do better treatment.

According to Yangdi Lama, the owner of the Everest hotel where students were lodging, students' normal behavior was good and they were quite regular in training but she experienced that they sometimes felt bored due to the lot of extra time in training. She said Tanka and Sani were not quite punctual as DB and Lhamu but training went well in general.

Payment for lodging and food

Although, we didn't ask, Yangdi served the meat to the students two times a week during the training and made the bill by her own decision and claimed it later. I told her that that bill should be paid by herself as she served the meat by her own decision but she wasn't ready to

bear the price of the meat. After having small argument she accepted it. She was paid for 22 days lodging and food charge of 9 students, Rs. 84,200 (Rs.400 per head per day), Hall charge Rs. 5,000 and Training Bonus paid by her Rs.18,000, **In total Rs. 107,200**

ANM-students

Sabita Gimire from Sagar-Bakanje supported by HP, Chhemi Sherpa from Chhiringkharka supported by PONA-Foundation and Furwa Sherpa from Kinja applying for support, were found doing quite well. According to DB, Sabita was doing better than other two. They have moved to hostel in last May when the former students' batch had completed their education and left the hostel. The hostel fee is Rs.500 per month.

Dr. Mingmar is said to be working on their one month practical education in Kathmandu. He probably will arrange their practical education at Patan Hospital as last year was in Thapathali. Training period will be one month and it will start from 25. September.

Total cost of the training will be approximately Rs 20,000 that includes Rs. 7,000 for 2 way flight ticket, Rs.4,000 for hospital and instructor fee, Rs. 5,000 for hostel including food, Rs. 2,500 for stationeries and Rs 1,500 for conveyance in Kathmandu. Student should pay this amount in advance.

For transferring the support of HP, Chhemi and Sabita have no bank account and DB Tamang, administrator of nursing school, doesn't want to administer their support through school's bank account. In this case HIPRON should co-operate by getting managed it through its bank account. For that HP is requested to transfer the support to HIPRON Bank Account with other scholarship transfer, Namgyal will disburse them the support during the runner service. *Reference: economic report on the three ANM Students.*

Furwa Sherpa has filled nice application for scholarship which I have forwarded to HP.

Phaplu Technical School



Phaplu Technical School, which is being established under the leadership of Dr. Mingma of Phaplu Hospital, and inspired by HP's concept of Junbesi Technical School, is still under construction phase. Most of the buildings construction has been completed and some construction is underway. There are a lot of furniture and ceiling work, ground leveling and other sub projects like drinking water supply, toilet electrification etc which hasn't yet started. The main constructor Jangbu Sherpa says that only 60% of the construction process has completed. It takes more than a year to get the construction work completed and thereby get ready for education. Dr. Mingmar, main leader of the project, has a plan to start education from 2011 but that is too short span of time for the completion of the construction work. The Technical School will adapt the curriculum as prescribed by Center for Technical Educational and Vocational Training (CTEVT). Under which school will focus on Auxiliary Nurse Mid-Wife, Carpentering, Organic farming, Plumbing, Cooking and Housekeeping, Computer, Overseer and Electrician. For lodging of the teachers and students, Dr. Mingmar has a plan to build teacher student hostel, according to his plan, lodging should be managed by oneself.

Ringmu

Ringmu School: I met Nawang Doma, Don Worsham's Guide, and Phu Gyalzen, Chairman of School Managing Committee, in Phaplu and discussed about Don Program, They said: Don has no plan for finding donor for the construction project; he supports stationeries and sends volunteer teachers but it is not quite regular.

Conservation Foundation, a French Organization, has also supported scholarships to some students and our scholar Rinji Chhiring's brother is among them.

I have asked Phu-Gyalzen to write a reminding letter to Rotary Club on behalf of the school but not sure whether he did it.

Salleri

The meeting with District Education Officer (DEO) was cancelled as no DEO was appointed therein since Loknath Paudel's being transferred to Dang District. The DEO office in Salleri has now been without officer. Some officials were there but they didn't act as DEO. The DEO is said to be appointed soon but it hasn't happened so far.

MEESS computers (New LCD monitor's function): MEESS (Mount Everest English Secondary School) computers were checked and found not using them. According to the teachers and school Chairman Ang Ngima Lama, the number of students is quite high and it has been quite difficult to manage teach them with few computers. So, they

have withdrawn the computer class from this session. The School uses one of the computers for school's official purpose. There is no Internet connection because it is too costly for the school.

MEESS is on profit now and has bought some 4 ropani of land in Salleri by school fund as saved from students' fee; the land is located at the Cinema Hall and cost of the land valued at over 7 lakh (700.000 Rs) in total. American Volunteer Organization, Peace Corps, had donated some Rs. 400,000 for leveling the ground for foundation but school has no immediate plan for the building house; for the time being, they want to extend the contract of the land leased from Jana Jagriti Higher Secondary school (JJHSS) of Salleri. Ang Ngima Lama is the president for both MEESS and JJHSS. So there is no problem to extend the contract for some years.

Jana Jagriti Higher Secondary School (JJHSS) Salleri

JJHSS science lab assisted by Non Resident Nepalese, Belgium Chapter, and the Compound wall by British Gurkha Welfare are under progress. Most of the science lab materials have been installed and some materials were yet to arrive from Kathmandu. The School has managed separate room for the subject like biology, physics and chemistry department and started education. The compound wall for the safety of the school area is almost completed. The Headmaster of



the school is on America visit for one month.

For the old building reconstruction, School hasn't approached any donor until now but they believe that Ang Karma, the son of former donor of the school, is trying to find the donor.

Thamakhani Valley

The Tamakhani school science lab and all the "last things to do", are in the same condition, no progress has been made since our visit 1 ½ years ago. Krishna claimed for some chairs and tables were made in science lab but I couldn't see them.

They haven't made any shelves or racks in the science lab. Toilet wasn't found being used as it is yet to connect to septic tank; school is still using the old toilet behind the office building. Outlet pipe should have been fitted to the gutter to guide the rain water of the roof out but that was also not found to have been done. I have handed over the list of last things required to do to Krishna reminding him to complete the project and asked him to tick out when they are completed and send it to me. He again agreed to complete the project. He informed that Village Development Committee (VDC) has provided Rs.12,000 for the same purpose. When asked to clear the account with all bills, he didn't agree for it, saying he already resigned from the post of school construction Chairman of both Loding and Tamakhani School.

I have clearly told him that if HP should support a new project, both projects of Tamakhani School and Loding School must be completed and the clear account of both schools must be presented to HP with all the bills and receipts as those are our conditions for a new project.

Hydro Power Station: Hydro power is under construction, Cannel construction has completed and iron poles were being transported from Salleri, up to Salleri they were transported by truck. They have ordered for a generator and Company will deliver it in August-September. Powerhouse is also yet to be constructed.

I haven't looked into the construction account, I got a hint from Krishna that he was not ready.

Loding

I have checked school garden, toilet, mud behind the school and classroom. In the front garden, full of weeds started growing instead of flowers and nursery plants so the garden didn't look nice. School had no idea of what kinds of flowers and nursery plants to be planted and when. Garden needs to be dug out and weeds need to be taken out to make



ready for planting flowers and tree-nursery. I reminded teachers that they should take care of the garden.

Mud lying behind the school building was checked and found sufficient mud removed. Now water doesn't get through the wall and our ceiling is fully protected.

In last monsoon, a heap

of mud was fallen down beside the toilet damaging the compound wall at the trail. School has removed it out after repeated instruction but toilet yard still hasn't seen completely clean, it still needs more to be done. The headmaster Chet Bahadur said that they were working on it and mud and stone around the toilet would be completely removed. School needs to construct strong wall to protect toilet area from the mudslide if the school becomes able to get the fund managed. There is sufficient water supply in the toilet. School has set up 500L water tank; actually the drum used for water tank was supposed to be used for urinal purpose. Urine is now leading on the open surface into bush and school has no fund to buy tank for urinal at the moment.

School is preparing Library room and science room in DEO building; rooms are nicely decorated with wall and roof ceiling, one big table for science experiment and some chairs have been produced but books and science equipments aren't installed. This project is supported by Australian–Singapore College Student Union who visits there once a year, same donor wants to support for teachers hostel in future. So, school has bought ¼ ropani land behind the school for the same purpose.



Junbesi

Junbesi Communication Center (JCC) has found not operating since its set up. Chungba Lama said, shortage of power supply and lack of internet connectivity was main problem for communication center. Junbesi School uses JCC printer and scanner for printing question

paper and other documents of the School and Junbesi Electricity supply all power for school work while villagers don't get electricity when school need it.

Now Beni Electricity is under construction and it has upgraded its capacity already in the construction phase, initially it had targeted for 200kw but later Electricity Sector Assistance Program (ESAP) joined to make it bigger power up to 700kw. Till now 60% of the canal construction has been completed, Chungba said. Very nice picture of the construction site has been taken.

Cement plasters of Junbesi School.

Cement plaster project of Junbesi School hasn't started, Peter who promised support for the project had mailed Chungba in February

saying that he was visiting Junbesi with his family and would discuss at cement plaster of the school but since then he didn't contact Chungba.

Phugmoche

Phugmoche, partition for computer room has not yet done but ceiling for wall and roof were completed. Computer chairs and tables were produced with high quality. Electrical system including wiring, plug and



switch are fitted. Partition for computer room would be done later when plank are completely dried - Headmaster Namgyal said.

Solung

Remaining project of Solung School has just started, necessary stones for compound wall has been collected but wall hasn't put-up. Gyalzen, Chairman of the construction, says it will start and complete within June-July, the window grill and nylon net fitting will also be done at the same time. I didn't meet any of the teachers at the school as it was on Saturday. Gyalzen informed that Himalayan Trust had stopped supporting for teacher salary, now there are only 2 teachers, Tashi and Headmaster and they are regular in school, operating school regularly, and Number of the students is only 13.



I checked the condition of toilet and found it functioning well but shower head of the shower room was found broken. Gyalzen will repair that as well.

Chhimbu

The teachers' and students' attendance of last academic year was checked in Chhimbu School and found satisfactory. *Reference: Student and teachers attendance of Chhimbu School.*

Their account and budget were taken and forwarded to Himalayan Project (HP)



Sukku Maya Thami, widow after late Dille Thami, the constructor, according to Teacher Jangbu, was paid Rs. 45,000 from School account, Sukku Maya has bought a pregnant buffalo at Rs. 35,000; she gives birth to a calf in mid July. Jangbu had helped her finding her a good buffalo. She spent rest of the money for kitchen gear. Now Sukku is very happy with buffalo and new kitchen gear, she thanked to Himalayan Project for the support.

Women Empowerment Project (WEP)

Chhimbu Progressive Women Group's activities were checked; still there is no activity of Chhimbu Progressive Woman Group. The money support of Maja and Johanne is saved in the account. They were harvesting barley and giving soil to potato and corn tree. After they finished it, they will buy the fabric and start sewing dress, Bishnu Maya said. They have decided to sew 2 pairs of dress for each student

from this year onwards as one pair is not enough to them throughout the year.

For running the factory, they haven't come up with any idea, they have no idea how beneficiary it will be if the factory is built. However, they seemed to be interested in running it.

We couldn't check Dawa's old house as it was locked. Actually it is said to be belonged to Sonam, Dawa's brother. I didn't dare to check Sonam house. But we saw Dawa's new house whose interior decoration was underway. It looks beautiful house.

Chhimbu Women Group will discuss about flour mill, washing house and drinking water and come up with their best description.

When asked them name of anyone who can co-operate Ambika in WEP but they haven't named anyone so far.

Bakanje

I informed the teachers and Health Assistant Mr. Rewati Thapa about Legionella bacterias infecting hot water tanks and handed over the paper of it. Mr. Rewati had heard about it but he didn't have particular knowledge about it.

School

At Bakanje School, the condition of the toilet and hot shower room, science room and teachers' performance were checked and Nuru Jangbu's salary for May to July10 was paid. No significant improvement of teacher was seen, their general behavior was as usual. Tika Niraula has been transferred to other school and two new teachers have come and their performance is said to be satisfactory. New teacher Lhakpa's performance is also said to be satisfactory. I didn't observe their class personally.

Nuru Jangbu asked dearness (price inflation allowance) as well but I have postponed this issue to be discussed in October when Papa Kurt will be there.

The condition of Bakanje toilet was checked and found well functioning; there is blockage in the washing basin and waste water doesn't pass through. The cement-post has to be broken to get it repaired which contains certain technical difficulties and no teacher can do it, I have asked Pasang, constructor of science lab of Bakanje school, for this job and he will repair it.

Furniture of Science lab

Pasang has just started working on furniture of science lab. I could see only the woods of the furniture being transported. But he had put cap-roof on each window of the science building to protect window from monsoon rain but quality of the roof was so bad that I immediately

cancelled it and asked him put them out and make it better and stronger. He has agreed to do that again with good quality.

Hot Shower

Hot shower is not in use and its function is currently down, According to the teachers, the water pressure is very low as water source went dry in the spring and volume of the water is very small. Now Health Post is repairing the water tank at the source, when repair is done, School will get full water supply and hot shower will be run regularly. Last time, I asked school to relocate the shower panel and tank as it was not safe enough to keep it outside the compound but school couldn't manage Nuru Tundu's get it relocated. As soon as the school gets it managed to find Nuru Tundu's salary, it will be relocated - Ang Dawa says.

Electricity

Electricity of SagarBakanje is functioning well since its last repair in last winter. Its capacity is 18KW and total consumption in the village is only 12kw and CDMA Phone tower (*see below under Kinja*) consume 6Kw to recharge the battery. The Electricity Committee has bad policy on unit and price, there are 117 household users at Bakanje and each household pays Rs. 100 per month for 100 units' consumption, and no household is allowed to use more than 100 watt and the unit is controlled by fuse. The total income of the month can be up to 11,000 Rs. In this regard, unit price is quite low. They pay Rs. 8,000 per month for operator; there is no saving in electricity account after getting the minor maintenance with motor and power house. In case something happens to the electricity supply, there won't be fund for repair it. Villagers and Committee haven't understood it. When power is supplied to tower, electricity will earn some portion but it won't be enough. I have suggested them that they should review the price of unit consumption for the future of the electricity.

Health Post

Mr. Rewati Thapa has come back to health post after completing his 3 years HA (Health Assistant) course. Before, he had taken 18 month training and worked as a Health Worker (HW). There was discussion held with him and Mrs. Susma, MCW (Mother Child Worker) on how Bakanje Health Post can be upgraded to same standard as Chhiringkharka Community Clinic. Rewati will hold staff and management committee meeting and will submit detail report to the HIPRON very soon on how Health Post can be improved. I have told them that they should act faster otherwise HP would divert the project and they would lose the opportunity. During the discussion, Rewati

said that Health Post Quarter was very necessary to keep Health Assistant at the Health Post to give better service to the people. But Domi's land is quite expensive and he doesn't want to negotiate the price, the land with the area of 11m x 9m land which is located near the health post yard cost is Rs. 50,000 which comes to be Rs. 180,000/ropani. He also will negotiate the price of the land with Domi to make both party win-win situations.

I have informed Health Post Staff about Legionella and handed over the paper.

For the WEP, Mr. Rewati said he could co-operate Ambika on health issues of the WEP in whole VDC in giving training and teaching. His qualification more than staff nurse; moreover he has long experience. I haven't seen any active girl or women in Bakanje, who can co-operate Ambika WEP.

For the flour mill, drinking water and washing house, Bakanje mother group will hold discussion and prepare the description.

I have informed the teachers, health post staff, women group and other village people that Padborg Krusa Rotary Klub will support if they can describe the village upgrade plan; I also informed them that their sincere cooperation and contribution is very important to have the support for village upgrade.

Sakar Danda

In Sagardanda, Project Proposal was discussed with Head Master and School Committee thoroughly. The School was going to change its management Committee so Head master said that he would discuss the proposal with new Committee in detail, makes comment and suggestion, and sends it to me.

Public washing house and Toilet

A copy of Public washing house and Toilet drawing was handed over to Sagardanda people. They have less knowledge of drawing and will consult with Da Sharki of Chhiringkharka about it as he has more knowledge on drawing. And then they will make a budget and send to HIPRON.

WEP

I have asked the people of Sagardanda who can co-operate Ambika in WEP but no particular name has recommended and no one has come-up.

Sagardanda flour mill is under construction; it has been relocated at the bridge as the channel of the old flour mill was damaged and couldn't repair. Sagardanda women bought pipe for channel. The construction is

being done by labor donation of the men group. I have taken picture for the donor.

Chhiring Kharka

Wall ceiling and roof ceiling of Chhiringkharka Community Clinic (CCC) were almost completed, the quality of the work was good, and 3 carpenters were working on it. Bed and tables are yet to be produced. Solar hot shower hasn't fixed but all the materials purchased and transported and ready to fit. The septic tank of the toilet and waste water produced from the hot shower and kitchen are well constructed. They are planning to complete all these construction work within July month.

They informed that the last transferred amount Rs 204,298 had arrived in their bank account. After this transfer, total transferred in their bank account amount figured Rs. 1,336,440.

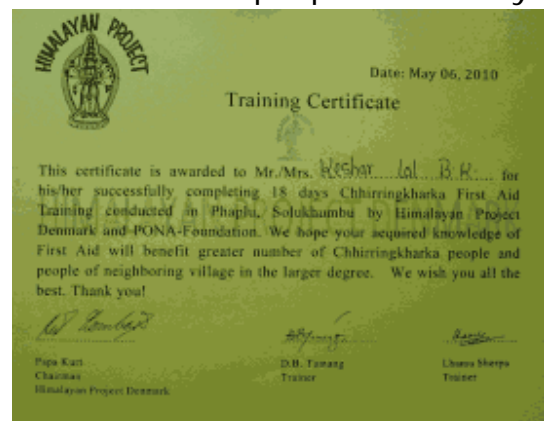
WEP

Som Maya Tamang wants to be local coordinator of WEP and co-operate Ambika, She is the students of 10+2 and currently she had achieved the First Aid Training conducted by Himalayan Project Nepal.

Firs Aid Students

I met Mrs Diku, Som Maya Tamang and Keshar BK and asked about First Aid Training (FAT) they received in Phaplu. According to them the training was very good and successful; they had one problem during the training that Tanka, a trainer, didn't come to class for four days and there was only 2 hours training in that period, rest of the classes were conducted according to the schedule. They have no complain for lodging and food.

They seemed to have been proud with the knowledge they receive in the training; First Aid Box and certificate with bonus, they all got them. After they returned home, some of them started giving First Aid service to the people. Som Maya



Tamang gave First Aid to 6 people who were suffered by cut injuries, diarrhea and headache. Diku Sherpa, who is also health volunteer, gave same service. They all are ready to work with their knowledge and tools giving service to the village people. They are thinking of having regular interaction at the clinic in time to time to update each other about the case they had and service they gave. I think it is very good idea of them.

Explaining them about the Legionella, I have handed over its paper to them.

They informed that they are lacking of medicine and asked if we can support them.



Flour Mill

Patale flour mill turbine has fitted; the flour mill is attached with Patale electricity and run by same water power. It looked nice but condition of the house is poor. After fitting new turbine, grinder turns faster and grinds more flour in short time. There are more than 20 house hold

beneficiaries and most of them are Thami people, some Sherpa and some Kami. I have taken some pictures of the Patale flour mill for the donor.

In Lole, the flour mill hasn't fixed; they are going to buy pipe to collect the water to build flour mill nearby.

For the prototype public washing house and toilet, Dasharki wants to be contractor; I have explained him about the prototype toilet and handed over the drawing.

He will make a budget on it and send to HIPRON. He also will find the best location to build it.



Willow Tree

Oli and Rinji Furwa had handed over the willow tree to Dasharki and he has distributed to everyone of Chhiringkharka. They have planted them in wrong way because they haven't understood the instruction; only Sarki Sherpa has planted them in right way and his willow trees are growing. Rests have planted their willow in a sun-drenched place putting willow stick only 5 cm into soil and they are dried out. It is due to the lack of proper information.

Orale

Orale School compound wall has been completed. Quality of the work is very high. The wall is 120 meter long and 5 feet high with width of ½ meter. The quality of the stone is very good. Now it looks safety enough for kids at the river. Drinking water post has also been constructed with cement post. In project description it is mentioned to be very simple and traditional water post but in reality they have built very strong concrete cement water post.

Construction of the toilet is also completed; they have built a very simple toilet.

School building has been roofed with new green tin with two sky light. Interior decoration inside the building has not yet started, woods were being transported. It came to my knowledge that DEO had released Rs. 50,000 out of agreed support Rs.125,000 and would release another installment according the running construction bill very soon.



While the money transferred from Denmark hasn't yet arrived at school accounts. I didn't meet Ngimchhiri, the construction chairman, as he had gone to Salleri when I was in Orale. I had telephonic conversation with him and told him that clear account with all the bills and receipts is a must, and HP will discuss with the School about the surplus after the construction is completed so as to how to utilize it, if the school comes up with good idea, HP add even more support for the sake of good purpose. Ngimchhiri agreed it upon.

Kenja

WEP office

I have found very nice room for WEP Office at Kenja. The size of the room is 6.5 x 4.5 m nicely located on first floor with wide veranda where 10 people can easily sit. There is front garden with big open place where 50 people can sit for meeting. It is a nice place.

There is an extra room attached to the dining and kitchen which could be used for internet café. The owner of the House Mr. Gyalzen is ready to give it on rent and his initial proposal on the room rent is Rs. 2,500 for per room per month but it can be negotiated on his proposal.

Now there is CDMA tower set-up at Chhiringkharka, with 6KW electricity backup supplied by Sagarbakanje electricity,



which can cover whole area of Bakanje for telephone and internet service so internet café in Kenja can be a revolutionary step in communication in the area. And Kenja hydropower condition is good; it is small hydropower with 15 kw production capacity which will be enough for computer.

WEP Local coordinator

For the local coordinator to cooperate Ambika, Mrs. Manita Basnet, Chairwoman of Mother Group of Kenja, is interested. She has qualification of 10+2 with good command and can convince other people. She can arrange meeting with good communication skill.

Conclusions

Visiting sites of all projects, HP supported Projects were found to be going well. Students, who are studying on HP scholarships, have improved their school attendance and exam result. Teachers are more regular in the school and their performance is better. Construction of CCC, Orale School and Bakanje science lab furniture are under progress and they are going to be completed soon. Computer course is being started in Phugmucho School.

Mother group of Patale, Lole and Sagardanda are happy with flour mill support and they are working on fitting them. Mother group of Sagarbakanje and Chhimbu also want the same support. During the project monitoring, some of the projects were found not running well due to various reasons. JCC and MEES were not using HP donated PC equipments while Tamakhani and Loding School were found to have not completed the remaining unfinished project.

Overall, regular monitoring from HIPRON has encouraged the stakeholders of the project for more co-operations and to keep the projects alive and going forward.

Kathmandu on 29. June 2010
Namgyal Jangbu Sherpa